



Mind My Health

Own your care. Plan in advance.

Mind My Health is a free, easy-to use online advance care planning tool. Access and share documents from your computer, tablet, or phone.



EASY TO USE

Simply select network and upload your plan.



FROM EXPERTS

Built on healthcare leadership and insights.



SECURE STORAGE

Secure cloud storage for your advance care plan.



100% FREE

No cost to you and all the benefits.

Three steps to empowering your plan.

Create.



Follow your state's guidelines and prepare a PDF with your advance care plan.

Upload.



Log in to your Mind My Health account and upload your advance plan PDF.

Access.



Whether on your device or desktop, review or print your advance care plan.

For additional information, please visit www.mindmyhealth.org, or contact us at info@mindmyhealth.org.

